

Other sources of information

You can find more information about your condition from the following patient support groups:

Psoriasis Association

Dick Coles House
2 Queensbridge
Northampton
NN4 7BF
08456 760 076
www.psoriasis-association.org.uk

National Eczema Society

Hill House
Highgate Hill
London
N19 5NA
0800 089 1122
www.eczema.org

Other useful websites include:

www.patient.co.uk
Provides patient focused health information

www.bad.org.uk
British Association of Dermatologists
(see the Public Information section)

Contact information

Community Dermatology Service
St James
Extons Road
King's Lynn
PE30 5NU

You can receive help with queries about NHS services from
Patient Advice and Liaison Service
Telephone: **0800 088 4449**
Email: **pals@nchc.nhs.uk**



If you would like this leaflet in large print, audio, Braille, alternative format or in a different language please contact **01603 697300**.

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Norfolk Community
Health and Care
NHS Trust

Community Dermatolog y Nursing Service

Information leaflet

LOOKING AFTER YOU LOCALLY

Introduction

Our team are trained dermatology nurses. We can help you choose treatments that suit you, show you how to use them properly, and support you in managing your skin condition.

What can you expect at your appointment?

We'll ask you about your skin problem and general health. You may also be asked to complete a short questionnaire about how your skin condition affects your quality of life.

We'll need to assess your skin. To do this properly, you may be asked to remove some clothing. We'll always ask your permission first. Please let the nurse know if you're not comfortable with this.

We'll consider your lifestyle and preferences before suggesting a treatment plan. Where appropriate, we'll offer you a choice of treatments.

You may be offered a follow-up appointment, phone call or video consultation to review your progress.

If you need a new treatment, the nurse may be able to prescribe it or contact your GP surgery to arrange a prescription.

We work closely with dermatology consultants across the region. If you need further care, we can refer you to them.

When you're discharged from the service, you can self-refer back to the Community Dermatology Nursing Service if the same condition flares up again

Where can you be seen?

Nurse-led clinics are currently held at:

St James Clinic, Extons Road,
King's Lynn, PE30 5NU

Swaffham Community Hospital,
Spurle Road, Swaffham, PE37 7HL

Downham Market Health Centre,
Paradise Road, Downham Market,
PE38 9JE

Home visits may be available in certain circumstances. We aim to offer you an appointment within 4 to 6 weeks of receiving your referral. However, this may take up to 16 weeks due to unforeseen circumstances.

We also train other healthcare professionals. There may be another person present during your appointment. Please let us know if you're not comfortable with this.