



Find out more

North Norfolk Neurology Team
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If you would like this publication in large print, Braille, alternative format or in a different language, please contact us on 01603 697492 and we will do our best to help.

You can receive help with queries about NCH&C services from **Patient Advice and Liaison Service**

Telephone: 0800 088 4449
Email: pals@nchc.nhs.uk
(Monday-Friday 9am-5pm)

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North Norfolk Neurological Rehabilitation Team

Patient and carer information

Who is this service for?

We are a community-based service working with adults who have neurological conditions, such as Parkinson's disease, multiple sclerosis, motor neurone disease or Huntington's disease.

Who provides this service?

- The service is provided by specialist nurses, physiotherapists and occupational therapists. We also work closely with all other professionals involved in your care.

How can this service be accessed?

We have an open referral system so anyone can make a referral by contacting us. This includes the patient, family members and carers as well as health professionals, social care and voluntary services.

What can you expect?

Our service provides assessment, treatment, condition management, practical advice, on-going support and equipment. This enables adults with neurological conditions to live and work to their maximum ability.

The service is available to those who have been diagnosed recently, as well as those who have been living with their condition for many years. We aim to support people approaching the end of life.

We also aim to promote choice, improve quality of life and encourage independence, self-management and control over symptoms now and in the future.

Examples of the support available

- Support and advice to help you manage your condition
- Education on posture, mobility and maintaining your fitness.
- Assessment and provision of assistive equipment.
- Advice to optimise independence with any daily activities.
- Medicines management support and review.
- Carers/family support and education.

Your neuro support network

I receive support from.....	Name:	This person supports me by.....	How to contact them:
Main person to call in a crisis:			
My GP: Practice:			
Neurology Consultant:			
Neuro Nurse:			01692 408079
Neuro Occupational Therapist:			01692 408079
Neuro Physiotherapist:			01692 408079
Non-medical emergencies		Falls or unable to get up but not injured	0344 800 8020 (Contactable 24/7)
Out of Hours (24hrs a day)	NHS Direct		111 (Contactable 24/7)