

Activity Support

Inpatient Units

Volunteer Role Description



Role

The purpose of this role is to support patients to engage in group and individual activities during their stay at an NCH&C Inpatient Unit.



Role purpose

The aim of the role is to provide support to patients with activities and simple exercises as part of the 'Reconditioning the Nation' campaign. By encouraging patients with activities including chair and bay exercises, quizzes, and puzzles, boardgames, newspaper reading, arts and crafts, simple sports, and conversations the Patient Activities Volunteer will empower patients to implement positive changes to their own health and wellbeing. Activities may be run on a 1:1 basis or in a group setting within the ward day room.



Time commitment

3 hours per week on an agreed day.



Location

Alder Ward , Beech Ward (Norwich Community Hospital) Caroline House, Pine Cottage (Colman Hospital, Norwich) Kelling Hospital, North Walsham Hospital, Dereham Hospital, Ogden Court (Wymondham), Swaffham Hospital.



Role Responsibilities

Activities you may be asked to carry out in this role :

- Engage with the patient(s) and explain the activity
- Ensure the patient(s) have everything they need to participate in the activity
- Support and encourage the patient(s), if required
- Report any concerns to staff
- Encourage patients to complete evaluation form
- Clean and tidy at the end of the session
- Ensure infection control procedures are followed throughout
- Feedback/report on activity to staff



Our Responsibilities

You will be supported by your Volunteer Co-ordinator, who will also support you through your induction and provide ongoing support throughout your time as a volunteer.

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Volunteer profile

An Activity Support volunteer will be friendly, compassionate and enthusiastic about supporting the work of Voluntary Norfolk and NCH&C NHS Trust.

In addition, they will have / be:

1. A friendly and approachable manner.
2. A good command of verbal and written English
3. A commitment to undertake training appropriate to the role
4. A good understanding of the importance of confidentiality
5. Good communication and interpersonal skills
6. Ability to work with the technical requirements of the role
7. A flexible approach and attitude
8. Punctual, trustworthy and reliable
9. Responsible, mature and honest
10. Non judgemental
11. Willing to treat all patients, relatives, staff and other volunteers with consideration, politeness, dignity and respect
12. Able to deal with patients who may be angry or upset
13. Able to work within the guidelines
14. Able to accept appropriate supervision and guidance from staff

Registration and training

All volunteers will need to go through a Standard DBS Check and provide two appropriate character references. All volunteers will have attended the Volunteers' Induction session.

Your volunteer induction will give you all the information you need to feel confident to volunteer with us, and in addition you will attend a site induction session specifically to learn about the practicalities of volunteering in this specific role.

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Expenses information

We do reimburse volunteers for any reasonable expenses, mainly travel expenses, for roles which involve attending an NCH&C site.



Training

All Voluntary Norfolk volunteers must complete some training before they can start to volunteer. This will involve an in-person induction session (accommodations can be made for volunteers that cannot attend in-person sessions, due to the nature of the role).



Further Information on the role

For further information on this role, please contact Volunteering@nchc.nhs.uk

How to apply

To apply for the volunteer role please complete our [online registration form through the MyImpactPage](#).

This role description is not intended to be a legally binding document, and it applies for the duration of your volunteering time with Voluntary Norfolk. No volunteering will substitute a paid member of staff.